



NURSING CHALLENGES AND CHANGES

Representing the majority of the U.S. healthcare workforce, nurses and licensed RNs are responsible for quality patient care and satisfaction.

They are on the front lines of the industry's radical transformation and face many daily challenges.

A Typical 10-Hour Shift



- 35% Documentation
- 21% Care Coordination
- 19% Patient Care
- 17% Medication Administration
- 7% Patient Assessment



Here are **Three Challenges** that keep them from spending more time on patient care and **Three Changes** that can help

1 Physical Burdens...

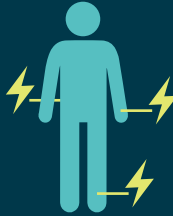
3rd highest reported injury rate of any profession



Up to 5 miles spent walking in 10-hr shift



48% more likely to have wrist, back and ankle sprains or strains



53% of injuries reported were due to overexertion

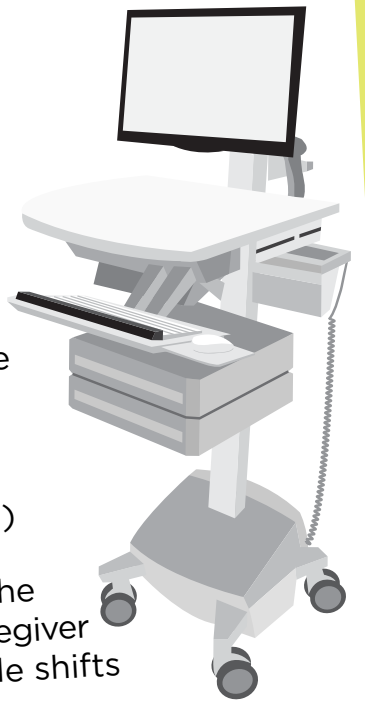


...& Equipment Relief

The use of ergonomic carts can improve comfort, safety, productivity and satisfaction.

Make sure the cart:

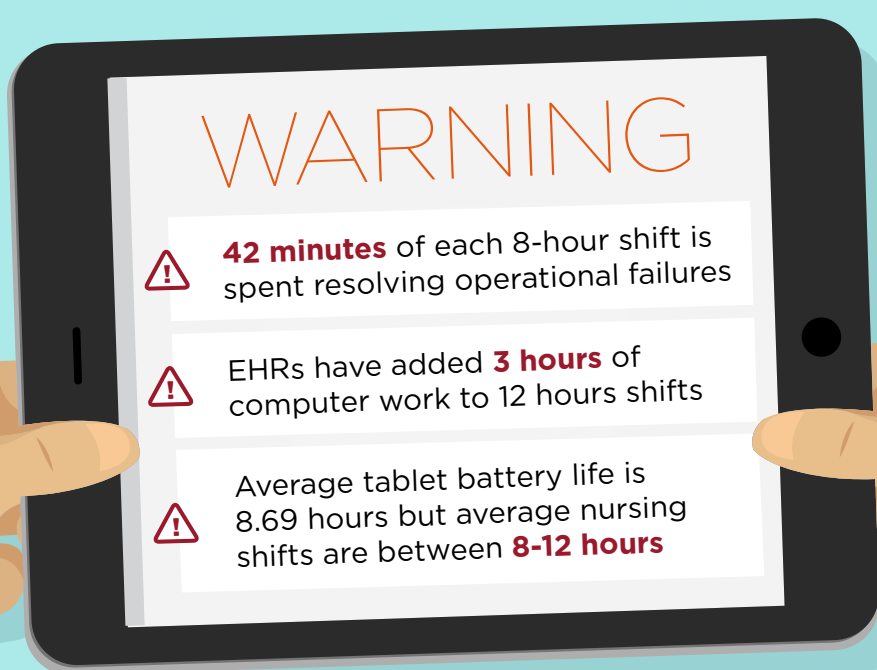
- ✓ Will allow comfortable EHR access whether sitting or standing (the true ergonomic sit/stand range is 20")
- ✓ Is adjustable to suit the broadest range of caregiver access across multiple shifts
- ✓ Has a long battery life and battery management options to help keep cart active during long shifts
- ✓ Has ultra-smooth gliding casters to travel easy on all types of surfaces



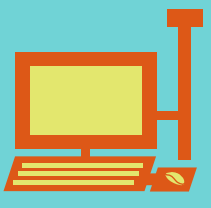
2 New Technology Problems...

Moving from paper to electronic record keeping can improve accuracy and efficiency, but what is commonly missed are the workflow implications for nurses.

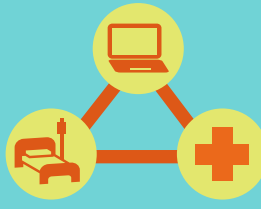
Nurses are being required to learn emerging technologies on top of existing workloads, while still maintaining patient care requirements.



...That Have Technology Solutions



Have computers in each exam room. Studies show patients are more satisfied with their care when computers are in the room.



Employ the Triangle of Care, using computer displays to bring patient and caregiver together.



Make tablets more accessible with communal charging areas.

3 Widespread Nursing Shortage...

Less Staff

A shortage of healthcare professionals, due in part to increasing healthcare costs, is adding strain to the nursing workforce.

46% of nurses say the shortage is decreasing the amount of time they can spend with patients.

More Patients

By 2025, chronic diseases will affect half of the U.S. population, which absorbs more time from nurses.



...Expanding Broadband-Enabled Telemedicine is helping to solve by:



Reducing time, costs and in-person visits



Providing remote monitoring of patients' vital signs and conditions



Facilitating the sharing of critical health information for diagnosis and treatment

Sources: <http://www.healthcareers.com/article/3-big-problems-facing-nursing-today/170629>
<http://community.advanceweb.com/blogs/nurses3/archive/2013/05/22/3-ways-technology-can-help-nurses-spend-more-time-at-patients-bedside.aspx>
<http://www.nurseuncut.com.au/top-nursing-injuries-and-how-to-avoid-them/>
<http://www.ncbi.nlm.nih.gov/m/pubmed/21719234/>
http://www.dor.kaiser.org/external/news/press_releases/Kaiser_Permanente_Research_in_Exam_Room_Help_Patient_and_Doctor_Communicate/
http://www.broadbandexpanded.com/policymakerfiles/telemedicine/Telemedicine_Stats&Data.pdf

With more than 30 years of designing ergonomic solutions for computer users worldwide—and 20 years specifically in healthcare—Ergotron is uniquely qualified to help the entire facility enhance personal interaction, expand the reach of care and improve operational efficiency. Supporting care everywhere.

Learn more at Healthcare.ergotron.com.

@ErgoHIT

